

SPA DAY PACKAGES

Our superb Spa Packages are the ultimate treat and indulgence. All include full use of the facilities: swimming pool, steam room, sauna, bubble pool and gym. Robes, slippers and towels are provided. A light lunch is also served. Men's Spa days are available.

Pamper Taster Day £57.50

Choose from one of the following treatments:

Revitalising Facial; Indian Head Massage; Reflexology; Manicure*; Pedicure*; Back massage with taster Indian Head Massage. * *You get to keep the nail varnish.*

Mini Pamper Day £85.00

Option 1

Full body massage - 60 minutes

Revitalising facial - 30 minutes

Option 2

Indian head massage - 45 minutes

Manicure - 45 minutes

(includes hot oil treatment and you get to keep the nail varnish)

Option 3

Sea essential facial - 1 hour

Mini manicure or pedicure - 30 minutes



Indulgence Day £115.00

Option 1

Indulgent facial - 1 hour 30 minutes

Luxurious manicure - 60 minutes

Option 2

Aromatherapy massage - 1 hour 15 minutes

Luxurious pedicure and file & polish on hands

- 1 hour 15 minutes

Option 3

Phytomer facial - 45 minutes

Back massage with exfoliating scrub or warm paraffin wax

- 45 minutes

Jessica manicure or pedicure - 45 minutes

Upgrade your Indulgence Spa Day (Option 3) treatment to one hour for only an extra £15.00



The Beauty Room
New Lanark
is part of
New Lanark Health & Fitness

New Lanark Mill Hotel
New Lanark Mills
Lanark
ML11 9DB
www.newlanark.org

Advance booking is essential -
Call: 01555 667245
or Email: fitness@newlanark.org



A Beauty Room Gift Voucher is the ideal gift for any occasion, and can be used for treatments and Spa Day Packages.

Information and prices correct at time of printing



The Beauty Room
New Lanark



relax....
revitalise...
rejuvenate...

COMPLETE RELAXATION AND INDULGENCE FOR YOUR SENSES...

Whatever your needs or wants, we offer a superb range of customised treatments for women and men to relax, revitalise, smooth, detoxify, and tone.



MASSAGE

Back, neck and shoulder - 30 minutes	£20.00
Back of body - 45 minutes	£25.00
Full body - 60 minutes	£30.00

Aromatherapy essential oil massage

45 minutes	£25.00
60 minutes	£30.00
75 minutes	£35.00

Reflexology

45 minutes	£25.00
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Reflexology can be used to treat a wide range of disorders including skin and respiratory conditions, migraine, menopausal problems, chronic fatigue, stress, depression and anxiety.

Indian Head Massage

45 minutes	£20.00
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Indian Head Massage is ideal for releasing tension that has accumulated in the tissues, muscles, and joints of the head, face, neck and shoulders, restoring a sense of balance.

ST TROPEZ TANNING

Half body	£18.00
Full body	£30.00
Express (does not include exfoliation)	£24.00

WAXING

Eyebrow wax	£6.50
Lip or chin wax	£5.50
Lip and chin wax	£9.00

Underarm wax	£10.00
Half leg wax	£15.00
Bikini wax	£12.00
Full leg and bikini wax	£26.00
Back wax	£25.00
Chest wax	£25.00

MAKE UP

Personal make up	£20.00
Wedding make up (Price includes trial)	£35.00

TINTING

Patch test must be given 24 hours prior to the treatment.	
Eyeshadow tint	£10.00
Eyebrow tint	£6.50
Eyeshadow and eyebrow tint	£15.00

JESSICA NAILS

File and polish	£14.00
Mini manicure or pedicure* - 30 mins	£22.00
French manicure or pedicure - 45 mins	£26.00
Luxury manicure or pedicure* - 60 mins	£35.00

*Includes a free bottle of Jessica polish

PHYTOMER



Phytomer facial and body treatment options provide everything your senses could desire to restore balance to body and mind.

FACIALS FOR WOMEN

Sea Prestige Facial

90 Minutes	£60.00
This skin treatment includes a trio of masks to deep cleanse, ultra hydrate, lift and firm the skin. (Includes back massage)	

Sea Intense Facial

75 minutes	£45.00
This double mask facial treatment starts with a relaxing back massage and then an application of Phytomer's hot bubbling mud to the spine. (Includes back massage)	

Sea Essential Facial

60 minutes	£35.00
This first time facial is a prescriptive treatment to allow your therapist to analyse and diagnose your skin.	

Viternal Hot Stone Facial

90 minutes	£65.00
This is the "crème de la crème" of facials. This revitalising anti-aging treatment incorporates three massages. Hands on massage, for tension relief and relaxation, which is followed by drainage massage using the healing power of Rhodocrosite crystal and then the ultimate experience with hot natural basalt stones.	

PHYTOMER
HOMME



A wide range of Phytomer products are available for you to purchase at New Lanark Beauty Room.

FACIALS FOR MEN

Marine Spa Prestige

90 minutes (Includes back massage)	£60.00
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Marine Calm

75 minutes (Includes body massage)	£48.00
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Marine Pure

60 minutes	£35.00
This prescriptive treatment allows your therapist to analyse and diagnose your skin.	