

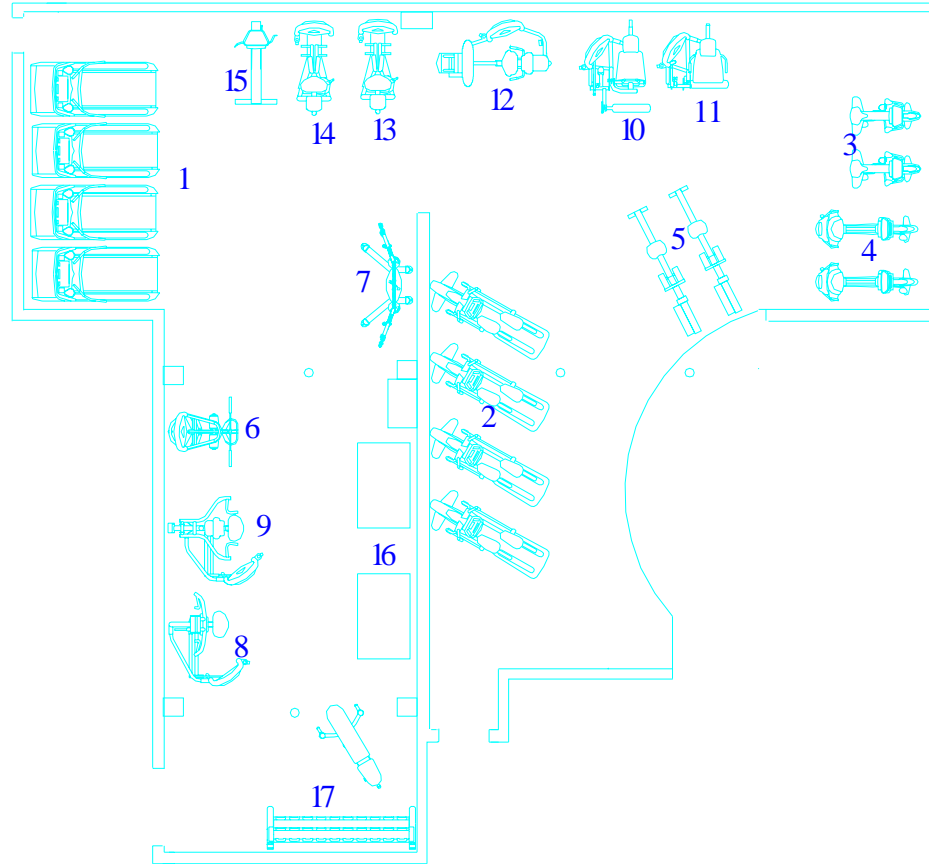
Lanark Conservation: Revised



STRONG SMART BEAUTIFUL

Equipment Key

1. Treadmill
2. Elliptical Trainer
3. Upright Cycle
4. Recumbent Cycle
5. Rowing Machine
6. Lat Pulldown
7. Multi-Functional Trainer
8. Chest Press
9. Shoulder Press
10. Leg Curl
11. Leg Extension
12. Leg Press
13. Abductor
14. Adductor
15. Sci-Fit Upper Body Cycle
16. P.V.C Floor Mats
17. Dumbbells and Bench



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